

Status of Women at  
**75**<sup>th</sup> Anniversary  
of Indian **INDEPENDENCE**



**Dr. Rajani Shikhare**  
**Dr. Pravin Sonune**  
**Dr. Hanmant Helambe**  
**Dr. Santosh Nagre**

# Contents

Introduction.....	1
Government Laws and Policies for Women Empowerment: An Overview.....	8
Under Representation of Women in Research-Causes and Challenges .....	16
Under Representation of Women in Research-Causes & Challenges.....	17
Women Empowerment At 75th Anniversary of India’s Independence Through Judicial Activism: An Appraisal.....	23
Women’s Health Issues in 21st Century India .....	34
Cyber Crimes Against Women and its Prevention.....	45
Cyber Violence Against Women and Girls: Gender-Based Violence in the Digital Age	59
Cyber Crime Against Women: Strategies to Prevent and Control of Cybercrime.....	64
Rights, Laws, Policies for Women Empowerment in India.....	78
<b>“Challenges And Hurdles in The Journey of Women Empowerment at 75th Anniversary Independence” .....</b>	<b>86</b>
Educational Status of Women at 75th Anniversary of India’s Independence .....	91
‘Role of Women’s in Environment Conservation’ .....	97
Women Empowerment in India – A Constitutional Analysis .....	107
Religious and Cultural Divergence and Youth of India in The Novels of Chetan Bhagat .....	111
Progress of Kabaddi in India.....	117
Women’s Role in Shaping Indian Society .....	121

भारत की स्वतंत्रता की 75वीं वर्षगांठ पर महिलाओं की भौक्षिक स्थिति  .....	122
भारतीय स्वतंत्रताके 75 वर्ष और स्त्रियोंकि राजकीय स्थित .....	123
महिलांच्या आरोग्य समस्या आणि उपाय .....	135
महिला सक्षमीकरणासाठीचे शासकीय कायदे आणि धोरणे.....	139
स्वातंत्र्याची 75 वर्ष स्त्री आणि भारतीय संविधान .....	148
स्थानिक राजकारणातील महिलांची स्थिती : एक चिंतन .....	153
<b>स्वातंत्र्याचा अमृतमहोत्सव व महिलावर्गाच्या वास्तव समस्या .</b> ....	<b>158</b>
स्त्रीयांचा खेळातील सहभाग.....	165
महिला सक्षमीकरणासाठी विविध सरकारी कायदे व योजना : एक अध्ययन.....	168
भारतीय समाजातील स्त्रियांचे धार्मिक स्थान .....	175
भारतीय स्वातंत्र्याची 75 वर्ष आणि महिलांची राजकीय स्थिती .....	181
भारतीय स्वातंत्र्याची ७५ वर्षे आणि महाराष्ट्रातील महिला धोरणांचा आढावा .....	186
महिलांच्या आरोग्य विषयक समस्या व उपाय.....	189
<b>भारतीय स्वातंत्र्याची 75 वर्षे आणि चित्रपटांमध्ये महिला सक्षमीकरण</b> .....	<b>200</b>
कोविड 19 आणि महिला हिंसा.....	207
विवेकी राय के उपन्यासों में चित्रित ग्रामीण स्त्री .....	210
स्वातंत्र्योत्तर हिंदी कविता में चित्रित स्त्री जीवन .....	217

# “Challenges And Hurdles in The Journey of Women Empowerment at 75th Anniversary Independence”

Dr. Chitra D. Morey, Dept. Of Zoology,

Shri. Shivaji Art's, Commerce & Science College, Motala, Dist. Buldana.

According to Charles Darwin theorem “Struggle for existence”. In the long history of humankind and its evolution woman has been a counterpart to man struggling for this survival of the species, propagation of the species and with the standing natural calamities just like man but with the evolution of human civilization and the inception of society her status saw a massive change. In the ancient Indian society women were adored and worshipped as Goddess.

However, in the middle age the status of women got down to a great extent. In the society women are considered only to perform duties like bring up children, caring every family member and other household activities as well as women are only for the home. Now a days women are breaking all the barriers of social issues and problems against them in the society. Earlier to this women were facing a lot of problems because of male dominated patriarchal society systems.

Some of the major hurdles and challenges, modern women are still facing problems which are given below-

**1) Gender Discrimination** - Women are considered as a weaker section of the society then even girls children are becoming real victims of the discrimination gender discrimination effect's women in the areas like nutrition, education, health care decline of female population job public life and gender etc.

**2) Female Education** - woman's education percentage is very low in India specially in the rural areas because they are discouraged for a higher education like professional and technical ones.

**3) Unemployment** - Women are getting more problems in searching their suitable work they become more prone to exploitation and harassment in the work areas.

**4) Unbearable Condition** - Boss intentionally they are given more work and harder task by their boss intentionally. They have to prove they are devotion seriousness and sincerity towards work time to time. Unbearable conditions womens who are uneducated more prone to drivers and dissertation by their husbands on any stage of life they have to live whole life with fear of divorce. In some cases, they have to finish their life because of unbearable conditions.

**5) Violence** - Against women according to the report of crime record Bureau of the central home ministry women are being victims of violence at a huge level day by day because of increasing crimes against women they may face violence within the family like dowry related harassment, death, marital rape, wife battering sexual abuse, deprivation of healthy food, female genital mutilation and mental depression inside or outside the families like rape murder kidnapping etc.

**6) Woman Empowerment.** - Globalization has presented new challenges and hurdles for the realization of the goal of human equality benefits of the growing global economy have been unevenly distributed leading to wider economic disparities the feminization of poverty increases gender inequalities through often deteriorating working conditions and unsafe working environment specially in the rural areas.

**7) Woman and Economy** - Woman perspectives will be included in designing and implementing macro-economic and social policies by institutional inaction their participation in such processes like reinterpretation and definition of conventional concepts of work whenever necessary for example in census records to reflect women contribution as a producers and workers.

**8) Poverty Eradication** - Since, women comprise the majority of population below the poverty line and are very often in situation of extreme poverty given the harsh realities of intra household and social discrimination there will be improved implementation of programs which are already woman oriented with special targets for women other supportive measures would be taken to ensure adequate flow of credit through extent financial institutions and banks so that all women below poverty line how easy access to credit.

**9) Agriculture** - Then woman and agriculture now actually the agriculture, the cropping or plants was firstly started by women. This is the critical role in ancient periods in agriculture as a producer, women in soil conservation soil forestry dairy development and other occupations like horticulture livestock including small animal husbandry poultry, fishers etc that will expand Tobin it to women workers in the agricultural sector. Next woman an industry the major role played by women in electronics information technology food processing agro industry and textile has been crucial to the development of this sectors suitable measures will be taken to enable the woman to work on the night shift in factories this will be accompanied with the support services for security transportation etc.

Then support services the provision of support services for women like childcare facilities including crunches at workplaces and educational institutions woman friendly personal policies will also be drawn up to encourage women to participate effectively in the developmental process.

**10) Social empowerment** - Of women first education equal education for women and girls will be ensured. Reducing the gender gap in secondary and higher education what do we focus area gender sensitive curricular would be developed at all levels of educational system in order to address stereotyping as one of the causes of gender discrimination.

**11) Health** - The policies like infant mortality rate maternal mortality rate set out in the national population policy 2000 women should have access to comprehensive affordable and quality healthcare the social development and health consequences of HIV or aids and other sexually transmitted diseases will be tackled from a gender perspective some effective problems of infants and maternal mortality early marriages the availability of good and accurate data at micro level on deaths bars marriages is required. in accordance with commitment of national population policy 2002 to population stabilization this is the critical need of men and women to have access to safe.

**12)Nutrition-** In the view of high risk of malnutrition and disease that woman face at all the three critical stages like infancy childhood adolescent and reproductive phase use of nutrition education would you be mad to address the issues of intra household imbalances in the nutrition. Nutrition and the special needs of pregnant and lactating women women's participation will also be ensured in the planning superintendents and

delivery of the system.

**13) Drinking water and sanitation** - There is a need of women in the provision of safe drinking water sewage disposal toilet facilities and sanitation Within accessible reach of households especially in rural areas and urban slums. What womans participation will be insured in the planning delivery and maintenance of such services housing and shelters planning of housing colonies and provision of shelter both in rural and urban areas and safe housing and accommodation, women including single woman heads of households working women students and trainees.

**14) Environment** - Women will be involved in the policies and programs for environment conservation and restoration women will be involved in spreading the use of solar energy, bio gas, smokeless chulas another rural application so as a visible impact of these measures in influencing ecosystem and in changing the lifestyles of rural women.

**15) Science and technology** - To motivate the girls to take up science and technology location and also ensure that development projects with scientific and technical inputs involve woman fully. Efforts to develop appropriate technologies suited to human needs as well as to reduce drug Gary will be given a special focus too.

Apart from that woman in difficult circumstances like extreme poverty best 22 main women in conflict situations women affected by natural calamities women in less developed regions, the disabled widows, single woman in difficult circumstances etc.

## **Conclusion:**

Women need to made visible in order to understand how and why international power takes the forms it does by A. N. Lewis 1990. To sum up women empowerment cannot be possible unless woman come with and help to self-empower themselves. There is a need to formulate reducing feminised poverty, promoting education of women and prevention an elimination of violence against women.. The hardest challenge will be to change attitudes given that many barriers to women Empowerment. If we have need to empower the woman truly so for that first first start from your home start up from yourself then truly and faithfully success of real woman empowerment. Accept the challenges and struggle for the hurdles of woman empowerment.

## References:

1. Women empowerment in India: more needs to be done: Roshni Kapoor and yes Narayan 15 July 2020.
2. Gender equality women's empowerment.
3. Woman empowerment in 21st century: Dr. Shubhada Mohan Kulkarni key see east institute of management and research Jelgava
4. The rights of women in India milestones and hurdles doctor Jitendra Kumar gonad International Journal of Advanced Research June 2018. Women law and human rights cat right yes 1997 lawyers collective 6, 15.
5. Higher education issues and challenges Kidwai. A are Vivash books 2010 New Delhi.
6. Woman empowerment in India a brief discussion Dhruba Hazarika international journal of educational planning and administration volume 1 number 3 2011 192202 ISN 2249 research India publications.
7. Rights of women in India milestones and hurdles doctor Jitendra Kumar gonad International Journal of Advanced Research ISN number 2320 5407 June 2018.
8. Women empowerment issues and challenges Afsana easts same, the International Journal of Indian psychology volume for issue 3 number 103 April June 2017 ISN 2349 3429.